

Shuttle Undocking

GMT	Crew	Activity/ ODF or R/G
23:40 - 00:40	.	Station inspection, post-sleep, breakfast
00:05 - 00:45	FE INC-1, PLT INC-1	? ? ? -3 ("Parodont") / ? ? , pp.3-1 - 3-2, para.3
00:40 - 01:10	.	Daily morning planning conference
00:55 - 01:15	FE INC-1	? ? -22 / ? ? Vol.2, pp.4-24, para.4.2
01:10 - 01:20	FE-1, FE-2	AV3 interface unit audio check
01:35 - 01:50	.	ISS and Shuttle crew farewell
01:50 - 02:20	CDR	Shuttle and ISS hatch closure / Joint Operations ISS-5A.1: Egress Station: Shuttle/ISS Duct Removal and Hatch Closing, steps 1-20, 26-28
04:00 - 04:40	CDR	PMA2 ACS configuration post Shuttle departure / Joint Operations ISS-5A.1: Departure: PMA2 Departure (pst-CCS)
04:15 - 04:25	FE-1	Close LAB window shutters
06:20 - 07:20	.	Meal
07:20 - 07:50	CDR	Begin PMA2 depress / Environmental Control Group: ECLSS: Nominal: Ingress/Egress 2.812 PMA2 Depressurization and Lead-Check-ISA; steps 1-33
09:50 - 10:10	CDR	PMA2 depress complete / Environmental Control Group: ECLSS: Nominal: Ingress/Egress 2.812 PMA2 Depressurization and Lead-Check-ISA; steps 35-45
15:15 - 15:30	.	PMC
09:10 - 10:10	FE-1	Physical exercise (IRED)
10:10 - 11:10	FE-2	Physical exercise (TVIS)
11:10 - 12:40	CDR	Physical exercise (1 hour - ergometer, 0.5 hour - IRED)
13:00 - 13:30	.	Report prep
13:30 - 14:00	.	Dinner
14:00 - 14:30	.	Daily food ration prep
14:30 - 15:30	.	Pre-sleep
15:30 - 06:00	.	SLEEP

End of radiogram