

Radiogram 6883u Form 24 for 11/07/03
Transition from [OCK] to [PCO] Attitude

GMT	CREW	ACTIVITY / ODF or Radiogram
06:00 -06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Prep for work
08:05-08:15		Daily planning conference (<i>S-band</i>)
08:15-09:15	CDR	Crew time reserved for adaptation and station familiarization
08:15-09:05	FE-1	CBO-3B fitting disinfection (completion) and EDV-ZV replacement
09:05-09:25		Laptop battery power cycling, removal from the control loop
09:20-09:30	CDR	CWC audit
09:25-10:25	FE-1	Crew time reserved for adaptation and station familiarization
09:30-11:20	CDR	Collection of potable water samples for in-flight chemical/microbiological analysis
10:25-11:25	FE-1	Physical Exercise (Load Training - cycle1) day 2
11:20-11:30	CDR	Photography of water sampling ops
11:25-11:40	FE-1	IMS conference (<i>S-band</i>)
11:30-12:30	CDR	Physical Exercise TVIS
11:40-12:30	FE-1	Crew time reserved for adaptation and station familiarization
12:30-13:30	.	LUNCH
13:30-14:25	CDR	WMK (Water Monitoring Kit): in-flight water treatment
13:30-14:10	FE-1	Interaction: data collection and backup
14:25-14:55	FE-1	RENAL: KTP
14:55-15:15		IMS file prep
14:55-15:15	CDR	RENAL: installation of equipment
15:15-15:30		RENAL: food questionnaire
15:15-15:30	FE-1	Weekly PCS reboot
15:30-15:40		Laptop battery power cycling, removal from the control loop
15:30-15:35	CDR	Soyuz 7 stage payload status check
15:35-15:50		Questionnaire: log entry
15:40-15:55	FE-1	RENAL: food questionnaire
15:55-16:10		URAGAN: Earth observation and photo ops
15:55-16:15	CDR	TVIS/RED/CVIS data transfer to MEC
16:10-16:50	FE-1	Maintenance of COЖ
16:15-16:35	CDR	Transfer of heart rate data to MEC
16:35-16:50		Deletion of HRM data files
16:50-16:55		EarthKAM: window closure
16:55-18:25	FE-1	OCA router reload
16:55-18:25	CDR	Physical Exercise (TVIS) – day 2
16:55-18:25	CDR	Physical Exercise (RED)
18:25-18:55	FE-1	Daily plan review
18:25-18:45	CDR	

18:45-18:50		CSA-CP O2 reading
18:50-18:55		Carbon Dioxide reading
19:00-19:10		Daily planning conference (<i>S-band</i>)
19:10-19:30		FD – ISS crew conference (<i>S-band</i>)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Task List	FE-1	Equipment search
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Note: See OSTP for references to US activities
 End of radiogram