

Radiogram 7193u Form 24 for 01/06/04

**Medical Evaluation**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:50	CDR	Prep for work
07:30-07:50	FE-1	Procedure review and prep for inspection and photo imagery RS windows. <i>Tag up with specialists. (S-band)</i>
07:50-08:05	.	Daily planning conference ( <i>S-band</i> )
08:05-08:35	CDR	Defibrillator battery #1 charge (start).
08:05-08:25	FE-1	Prep for work
08:25-09:55		Physical Exercise (TVIS) day 2
08:35-09:20		In-flight RED calibration.
09:20-09:50	CDR	Maintenance of RED bolts.
09:50-10:05		Scheduled inspection of RED
09:55-10:55	FE-1	Inspection and photo imagery RS windows. <i>Tag up with specialists (S-band)</i>
10:05-12:20	CDR	Physical Exercise (TVIS + RED)
10:55-11:10		<b>On MCC go</b> SFOG candle burning
11:25-11:55	FE-1	COX maintenance
11:55-12:25		Inspection and photo imagery RS windows. <i>Tag up with specialists (S-band)</i>
12:20-12:30	CDR	Defibrillator battery charge: #1 (end) and #2 (start).
12:30-13:30	FE-1	File prep after RS window inspection and imagery. <i>Tag up with specialists (S-band)</i>
13:00-13:15	CDR	Private medical conference ( <i>S-band</i> )
13:15-13:30		Food questionnaire
13:30-14:30		LUNCH
14:30-15:30	.	Voice comm. check via line 1 and 2 between SM, FGB, and LAB. <i>Tag up with specialists (S-band)</i>
15:30-16:20	FE-1 CDR- assistance	Cardio-vascular test using graded physical loading on VELO. <b>Start: 15:50.</b> <i>Tag up with specialists (VHF)</i>
16:20-16:25	CDR	Defibrillator battery #2 charge (end)
16:20-16:40	FE-1	IMS file prep
16:30-16:50	CDR	EPO: payload demonstration – procedure review
16:40-17:40	FE-1	Physical Exercise (VELO + Load setting device /cycle 1) day 2
16:50-17:05		EPO: camcorder set up
17:05-17:15	CDR	TVIS data transfer to MEC
17:20-17:35		Defibrillator battery voltage measurement
17:40-18:05	.	EPO: Hygiene. Demonstration ( <i>Ku+ S-band</i> )
18:05-18:20	FE-1	Private medical conference ( <i>S-band</i> )
18:05-18:20	CDR	Questionnaire: log entry
18:20-18:45	.	Daily plan review
18:45-19:00	CDR	Report prep

18:45-19:00	FE-1	<b>On MCC go:</b> SFOG candle burning
19:00-19:15		Daily planning conference ( <i>S-band</i> )
19:15-19:30	.	Report prep
19:30-20:00		DINNER (Renal: pill ingestion)
20:00-20:30		Daily food prep
20:30-21:05	CDR	Pre-sleep
20:30-21:30	FE-1	
21:05-21:20	CDR	Private family conference ( <i>Ku+ S-band</i> )
21:30-06:00	.	SLEEP
<b>Task List</b>	FE-1	Search for equipment

**Note:** See OSTP for references to US activities  
 End of radiogram