
Kurs equipment test from SM assembly compartment (2 sets)

06:00 - 06:10 Morning inspection
06:10 - 06:40 Post-sleep + Biochem. urinalysis MO Book. 2, item 3.9, p. 3-53
06:40 - 07:30 Breakfast
07:45 - 07:55 Daily morning planning conference
07:55 - 08:25 Preparation for work
08:25 - 08:30 CDR FMK OPERATIONS
     OCA_0416
08:30 - 08:35 CDR Sampling using GSC

08:45 - 09:00 CDR Finger strength measurement /
     OCA_0416
08:55 - 09:35 FE-1, Investigation of cardiac bioelectric activity at rest
     PILOT MO Book 2, item 3.2, pp. 3-7 to 3-12 To= 09.20 (PILOT- help)
09:00 - 09:15 CDR Tests with hand dynamometer

09:20 - 10:25 CDR Collection and culture of samples using SSK

09:35 - 10:30 FE-1 Entry of Laptop displays for Progress docking per radiogram
09:35 - 11:05 PILOT Physical exercise (TVIS-3)
10:00 - 11:10 CDR Investigation of cardiac bioelectric activity at rest
     FE-1 MO Book 2, item 3.2, pp.3-7 to 3-12 To= 10:56 (FE-1-help)
11:05 - 11:35 PILOT Physical exercise (active rest)
11:10 - 12:10 CDR Physical exercise (IRED)
11:10 - 11:40 FE-1 Physical exercise (active rest)
11:35 - 11:55 PILOT Prepare to downlink delta file
11:40 - 12:40 FE-1 Checkout of gas analyzer ÈÅ051 using ÁÈÅ and ÁÈÅ
     SM N IÅN ODF item 10.6, pp.10-6 to 10-8 To=11:58 (start of purge)
12:40 - 14:00 LUNCH
13:15 – 13:30 PILOT Hurricane (Uragan) (backup). Observations per radiogram
14:00 - 14:15 FE-1 Private medical conference
14:10 - 14:25 CDR Installation of equipment for chemical and microbiological water sampling

14:25 - 15:15 CDR Collection of chemical and microbiological flight water samples

14:50 - 15:00 PILOT Preventive maintenance of FGB ventilation equipment, FGB ÒÄ ODF, pp. 5-8 to 5-11,
     items 5.2.1-5.2.4, FGB IVA IFM item 7.4, p. 7-4
14:55 - 15:15 CDR Collection of chemical and microbiological flight water samples

15:15 - 16:00 CDR Process water using WMK
     OCA_0416
16:00 - 16:15 CDR Storage of chemical and microbiological flight water samples

16:15 - 17:15 CDR Physical exercise (TVIS)
17:00 - 17:15 PILOT Private medical conference
17:00 - 18:30 FE-1 Physical exercise (TVIS-3)
17:15 - 18:30 CDR Acoustic Dosimeter Spot Check
     OCA_0572
17:15 - 18:35 PILOT Preventive maintenance of FGB ventilation equipment, FGB ÒÄ ODF, pp. 5-8 to 5-11,
     items 5.2.1-5.2.4, FGB IVA IFM item 7.4, p. 7-4
18:30 - 19:00 Familiarization with the following day plan
19:00 - 19:30 Report preparation
19:30 - 19:55 DINNER
19:55 - 20:05 Daily evening planning conference
20:05 - 20:35 Daily food ration prep
20:35 - 21:30 Pre-sleep
21:14 CDR Earth observations (backup) "international space scenes p/tv 101 earth observation"
21:30 - 06:00 Sleep

end of radiogram