

**Crew Rest**

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–07:45	FE-2	Increment 4 payload status check
07:35–08:15	FE-1	Maintenance of ???
09:00–09:10	CDR	Checkout of ? ?0501 Gas Analyzer using ? ?3 Gas Meter control readings
09:10–11:10		Weekly housecleaning
11:10–11:20	FE-1	Inspection of ? ? ? ?-1 separator
11:10–12:10	CDR	Physical exercise (cycle-2)
12:20–12:35		Private family conference ( <i>S-Ku-band</i> )
12:30–13:30	FE-1, FE-2	LUNCH
12:35–13:30	CDR	
13:30–14:00		Weekly planning conference ( <i>S-band</i> )
14:00–14:30	FE-1	PCS 8? HDD swap
15:00–16:30	CDR	Physical exercise (TVIS+RED day 2)
16:00–17:00	FE-1	Physical exercise (TVIS)
16:30–17:30	FE-2	Physical exercise (CEVIS)
17:00–18:00	FE-1	
17:20–17:30	CDR	Checkout of ? ?0501 Gas Analyzer using ? ?3 Gas Meter control readings
18:10–19:10	FE-2	Physical exercise (TVIS)
18:10–18:50	FE-1	IMS file prep
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

**NOTES:** See OSTP for references to US activities

End of radiogram